

BIPOLAR INSIGHTS / Mental Health Educational Center

20th Anniversary Fundraiser

Educational Center for Individuals, Families, and the Community

We focus on all Mental Health Illness

Dear Friend,

Bipolar Insights / Mental Health Education Center will be celebrating its 20th Anniversary in October 2018. The theme for our celebration is *"Mental Illness is what you have, not who you are."* Our focus is on all mental illness with a mission to provide education and empowerment to individuals with mental illness, their families, and the community. Our services are about restoring self-respect and dignity. It is the avenue for achieving personal goals and fulfilling an individual's purpose.

Theresa and her daughter have found their way to our classes. I'd like to share their story on how our educational center has changed their lives.

Have you ever had a concern in your life that weighed so heavily you didn't know where to turn? Have you ever known anyone you suspected of having a mental health issue, but you didn't know where to seek help? I have, my name is Theresa.

It seemed to begin when my daughter was in high school. She changed suddenly and would stay up all night. Her grades dropped and she would disappear for days. I thought she was on drugs; I thought she was being rebellious. Not knowing what to do, my anxiety and fear became so overwhelming I broke out with hives.

At my doctor's office I cried and begged him to help me and my daughter. I was beyond consoling. He leaned over, took a pamphlet from his drawer and as he handed me the pamphlet, he told me to call Bipolar Insights. He assured me that they would be able to help me and my daughter.

I sat in my car repeatedly reading the pamphlet. When I got home I immediately picked up the phone and nervously called. When they answered, I began to cry. A soft voice spoke to me and assured me I was not alone; help was available. In that moment I felt hope. This kind woman talked with me for an hour. It was an hour of compassionate understanding.

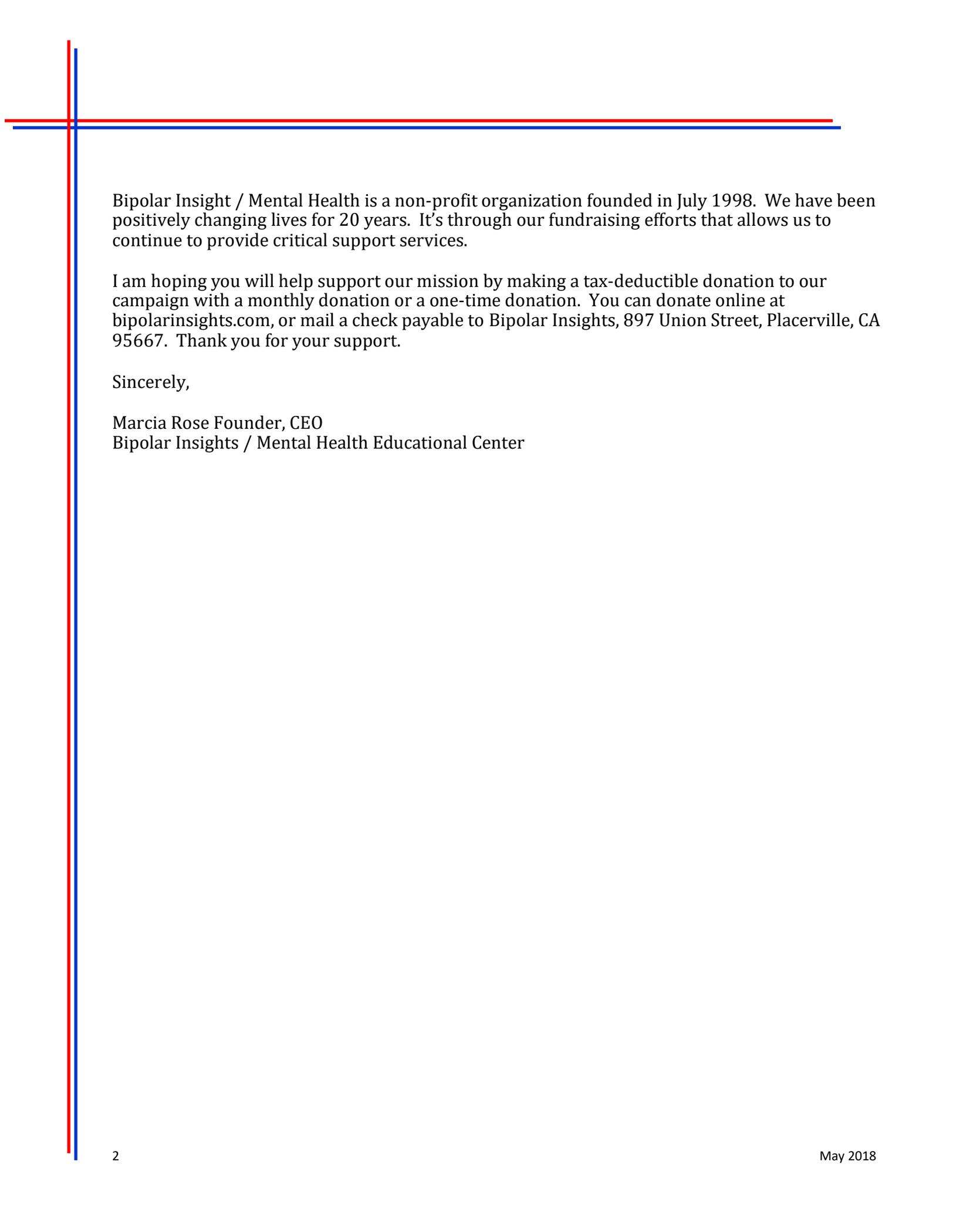
I have attended Bipolar Insights / Mental Health Educational Center for two years now. My daughter also attends and is doing well.

In support of Bipolar Insights / Mental Health 20th Anniversary, I am reaching out to help fundraise for their continued service. I thank you in advance for your support! Your donation is greatly appreciated and will reach many others who live in fear and torment.

Thank you, Theresa

Your donation is tax deductible. All proceeds benefit Bipolar Insights / Mental Health Educational Center, a non-profit corporation located in Placerville, California. No goods or services were received for this donation.

Monday Class at 7pm
Green Valley Community Church
3500 Missouri Flat Road, Room 304, Placerville, CA 95667



Bipolar Insight / Mental Health is a non-profit organization founded in July 1998. We have been positively changing lives for 20 years. It's through our fundraising efforts that allows us to continue to provide critical support services.

I am hoping you will help support our mission by making a tax-deductible donation to our campaign with a monthly donation or a one-time donation. You can donate online at bipolarinsights.com, or mail a check payable to Bipolar Insights, 897 Union Street, Placerville, CA 95667. Thank you for your support.

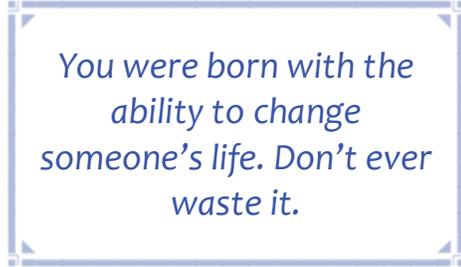
Sincerely,

Marcia Rose Founder, CEO
Bipolar Insights / Mental Health Educational Center

Mental Health Educational Center



We focus on all Mental Health Illness



We focus on all Mental Health Illnesses

For more information contact
Marcia Rose, CEO

Founder of Bipolar Insights / Mental
Health Educational Center

Kindred Spirit Corp DBA Bipolar Insights
Tax # 68-0461768

20th Anniversary Fundraiser

**THANK YOU * We Appreciate your
Generosity!**

Check YES, I want to help Bipolar Insights with a monthly donation of \$ _____

Check YES, I want to help Bipolar Insights with a one-time donation of \$ _____

Name _____

Address _____

City State Zip _____

Email Address _____

Check if you would like to receive our newsletters

Tax-deductible donations can be made [ONLINE bipolarinsights.com](http://bipolarinsights.com)

Or mail your check to: 897 Union Street, Placerville, CA 95667

Bipolar Insights / Mental Health Educational Center
bipolarinsights.com trust@bipolarinsights.com **530-642-0859**

May 2018

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